

Flam Warm-Up Exercise

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* Keep 16ths Constant

A hand drumming pattern in 2/4 time. The pattern starts with a bass drum (indicated by a vertical bar) followed by a series of eighth-note pairs on the snare drum. The strokes are labeled as follows: L R, L L R, L R, R R L, R R L, R L, L L R, L L R, L R, R R L, R R L, R L. Above each pair of notes, there is a greater-than sign (>) indicating a dynamic or accent.